Full Name:	Grade (Circle One): 7 <sup>th</sup> or 8 <sup>th</sup>
Governor Mifflin Middle School Chorus  Reflection Worksheet: Quarter #4	
<ol> <li>Attendance during rehearsals:</li> <li>10   always attend</li> <li>8   mostly attend</li> <li>6   sometimes attend</li> <li>4   rarely attend</li> <li>2   never attend</li> </ol>	2. Participation during chorus:  10   participate constantly
3. Listening to teacher or other speakers:  10   I listen constantly 8   often listen 6   I listen sometimes 4   I rarely listen 2   I never listen	<ul> <li>4. Unnecessary talking during rehearsal:</li> <li>10 I never talk during rehearsals</li> <li>8 I almost never talk during rehearsals</li> <li>6 I rarely talk during rehearsals</li> <li>4 I sometimes talk during rehearsals</li> <li>2 I often talk during rehearsals</li> </ul>
<ul> <li>5. Tall Singing Posture:</li> <li>10 I <u>always</u> use tall singing posture</li> <li>8 I <u>often</u> use tall singing posture</li> <li>6 I <u>sometimes</u> use tall singing posture</li> <li>4 I <u>rarely</u> use tall singing posture</li> <li>2 I <u>almost never</u> use tall singing posture</li> </ul>	<ul> <li>6. Tall Vowel Shape (Open Mouth Singing):</li> <li>10 I <u>always</u> use tall vowel shapes</li> <li>8 I <u>often</u> use tall vowel shapes</li> <li>6 I <u>sometimes</u> use tall vowel shapes</li> <li>4 I <u>rarely</u> use tall vowel shapes</li> <li>2 I <u>almost never</u> use tall vowel shapes</li> </ul>
7. Singing Confidently (with Choral Blend):  10	BONUS. Gum Chewer? - BONUS or PENALTY:  + 5 I have <u>NEVER</u> had gum in chorus.  0 I used to chew gum in chorus, but <u>stopped</u> when Mr. W reminded us!  - 5 I <u>HAVE</u> had gum in chorus since Mr. W. told us not to chew while singing.
8. Instructions: Please answer the following question or question be at least five (5) sentences in length.  Do you plan on singing in chorus next year? Why or why What advice would you give to the singers in next year'	y not?
How do you plan on singing and staying musically active	

It is very important to recognize the notes and identify their names. However, reading music much easier, especially when sight-reading, if you pay attention to the direction in which the notes are traveling, and the distance between the notes.

Notes that are right next to each other on the staff (line to space or space to line) are separated by a step. Passages of stepwise notes are easy to spot if you look for notes that move in the pattern: line-space-line-space, and that do not skip any lines or spaces.

Here is an example of music moving only in stepwise motion. Name the notes underneath: (Remember "Empty Garbage Before Dad Flips" and FACE.)



In the next line, fill in the remaining three quarter notes in each measure, making sure to only move by step. Name the notes underneath.



In the following lines, circle any skips (anywhere the distance between notes is greater than a step). Name the notes underneath.

